

How to Purchase Donor Sperm

- **Complete FDA testing – this is a blood+urine test for HIV, Hepatitis, Gonorrhea, Chlamydia, Syphilis and TB**
- **Know your CMV (cytomegalovirus) status – this is a blood test.**
 - If you have a *positive* CMV status, you can select a CMV *positive* or *negative* donor.
 - If you have a *negative* CMV status, you must select a CMV *negative* donor or complete a CMV waiver.
- **Know your Genetic Carrier Screening results – this is a blood test.**
 - Results can take 3-5 weeks.
 - Compare your carrier status with your top donor choice to be sure you do not carry the same genetic mutation.
 - Additionally, verify that the donor has been tested for all the genes you are positive for and vice versa.
 - Email questions to Cailin at cailin@mid-iowafertility.com, Derek at dereko@mid-iowafertility.com, or your specific doctor or nurse.
- **Familiarize yourself with the donor sperm websites.**
 - Bank examples: Fairfax Cryobank, California Cryobank, Xytex, and Seattle Sperm Bank.
 - Free accounts can be set up to view available donors and their genetic information.
- **Determine what type of vial you need to order based on your treatment plan.**
 - For intrauterine inseminations (IUI's) you may purchase *IUI* (intrauterine) or *ICI* (intracervical) vials.
 - *IUI* vials may be labeled “*washed*” and *ICI* vials may be labeled “*unwashed*.”
 - If you are doing IVF, you may purchase *IUI*, *ICI*, or *IVF* vials.
- **Each vial of donor sperm is used for ONE insemination procedure.**
 - You may order more than one vial of donor sperm at a time, and we recommend it! Most often it will take several intrauterine inseminations to achieve a pregnancy – on average, 3-6 attempts. If you order more than one vial at a time, you will be prepared for the following month's cycle and save money on shipping, however there are associated storage costs that will begin if storage is needed on any unused and remaining vials beyond 6 months of receipt of samples. Mid-Iowa Fertility offers the first 6 months of storage of donor sperm vials as a complementary service.
 - CryoFuture is the billing partner for Mid-Iowa Fertility and will handle all storage billing through the convenience of their web app. The CryoFuture app provides secure and convenient access to your specimen information, allows you to easily view and manage your account, update personal details, access billing statements and more.

Before you order your sperm vials, you are required to set up an account with CryoFuture. Samples will not be accepted if a CryoFuture account is not created prior to the samples being received.

To set up your account with CryoFuture, please scan the QR code or visit:

<https://go.cryofuture.com/mid-iowa-fertility/>



- **Some cryobanks may require an AI authorization form to be completed by Mid-Iowa Fertility before they ship to us.**
 - Email Cailin at cailin@mid-iowafertility.com or Derek at dereko@mid-iowafertility.com go complete the form.
- **Donor banks use 2-day shipping with FedEx. Order vials to be shipped to Mid-Iowa Fertility well before your surge/ovulation.**
 - Mid-Iowa Fertility will store vials until your insemination or day of procedure.
- **If you have questions, please contact your doctor, nurse, or the lab. We are here to assist and make this a positive experience for you!**

We wish you the best of luck on your journey!